

## A Typical Day

While each day of a vacation is unique, there are similar elements to every day. Your tour leaders will share the selection of options with you and guide you through the day. Choose to do it all or customize the options to your personal preference.

### THE COOL OF THE MORNING

Rise in time for breakfast with your fellow travelers and tour leaders who will provide an overview of the day. They will share with you the highlights and mix in a bit of local lore.

After breakfast you'll have time to return to your room before you head off on your ride or to another activity. Of course, if you choose, you can lounge by the pool, arrange for a massage, or a host of other things that suit your fancy.

A morning ride might take you through a historic covered bridge, past a series of cascading waterfalls, or through a spectacular stand of cacti. Stop to snap some photos, walk along the falls, or perhaps visit an old-time general store. Everyone is encouraged to ride and explore at their own pace.

### LET THE SUN SHINE

Leaders will host a gourmet picnic lunch along the ride or you will have opportunity to eat at one of several venues in a small town along the way. Naturally, everyone's favorite lunch is a spread put on by the tour leaders. It's always fun to see what they've conjured up and enjoy some laughs with your fellow travelers over lunch.

You might visit a local museum or winery, or crank out a few extra miles if you choose. Devouring a good book in a lounge chair overlooking the pool or the sea is also a favored afternoon activity. From a short hike to a waterfall to a visit to small family farm, our bike tours offer much more than simply riding down the road.

### AS THE MOON RISES

Join your fellow travelers for a delicious dinner either at the inn or a nearby restaurant. Evening meals seem to incite conversation and laughter over the day's events. You'll hear stories of spontaneous encounters and great feats such as milking a cow for the first time – you do what?

Meals are sumptuous three to five-course affairs and include options for vegetarians. Folks often go for a little evening walk or retire to the front porch of the inn before drifting off to their rooms. Enjoyable hours in the out of doors are the perfect prescription for a good night's sleep!