

Grand Tetons and Yellowstone

Activities

This Trip is Rated Fitness Levels 2-4

While every trip is designed to appeal to active adventure seekers, and in many cases, particular skill levels, there is always a different idea of what that exactly means. That is why we have designed the chart below to help make sure you join the proper tour. We know your pace may vary from one day to the next—and your traveling companions' may differ as well. We present a range of mileage options on each tour as well as provide support vehicles as much as possible. That way you can take a break and do as little or as much as you would like each day.

Daily Activities

Day	Activity	Easy		Moderate		Seasoned	
		Miles	Feet Gain	Miles	Feet Gain	Miles	Feet Gain
1	Road Biking	14	1335	59.5	3339		
2	Road Biking	36	1814	56	2000		
3	Road Biking	26	902	48	1516		
4	Road Biking	24	516	34	1814	59	3680
5	Road Biking	20	1062	37	2025		
	Hiking	Hike Grand Canyon of Yellowstone 2m, 82' gain					
6	Road Biking	20	260	33	2690		